

Delirium: Management update

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Citation: Hamed Al Sinawi: Management update. Middle East Journal of Age and Ageing, Volume 15, Issue 2, June 2018.
DOI: 10.5742/MEJAA.2018.93448

ABSTRACT

Delirium is a complex neuropsychiatric syndrome, commonly encountered across all healthcare settings, and associated with adverse outcomes such as prolonged hospitalization and increased mortality. In a recent study, mortality was shown to increase by 11% for every additional 48 h of active delirium, delirium is often misdiagnosed, detected late or missed in over 50% of cases. This emphasises the importance of understanding the factors that relate to accurate identification and optimal management. This presentation will discuss the epidemiology of delirium, common risk factors and pathophysiology and barriers to detection. It will also present recent advances in the management.