

## Geriatric End-of-Life Care: Aiming for a “Good Death”

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### ABSTRACT

Life expectancy for individuals worldwide is increasing but so are the associated chronic illnesses and life-threatening diseases. Caring for geriatric patients, especially at end-of-life, has become more complex requiring attention not only to the physical symptoms afflicting them, but also to the various psychosocial and spiritual distresses that not only affect patients but also affect their caregivers and families. Therefore, this care requires not only the key effective early interventions that geriatricians provide, but also the very needed coordinated care between geriatricians and palliative care services, especially in end-of-life situations. There is no clear definition of how to determine “end-of-life” but definitely different diseases have different trajectories that ultimately lead to the death of the patient.

This presentation will try to discuss the various obstacles to having a “good death” for our patients, and how the management of these obstacles would help the “healing” care provided by the healthcare system that eventually ensures less suffering for our patients and their caregivers/family.