

Rhumato Ceriatric Day, Monastir Tunisia

Chairman's Message



Professor Sonia Hammami

In north Africa and in Tunisia particularly, the population older than age 80 are the fastest growing segment of the population. This demographic change and aging is an established risk factor for the development of frailty, disability, musculoskeletal and soft tissue disorders. Evaluation of the elderly patient is often complex due to the many comorbid conditions encountered in this population often compounded by cognitive disorders, functional decline, polypharmacy and limited social supports.

The first Rhumato-geriatric day in Monastir (Tunisia) organized by the Tunisian Geriatric Society in collaboration with the Middle East Academy of Medicine of Aging, represents a great challenge and reflects the diversity of our speciality and offers new ideas and insights for clinicians working with older patients. The first Rhumato-geriatric day was dedicated explicitly to the care of elderly patients with rheumatic diseases. We present the essentials of multidisciplinary care, an approach which is the hallmark of geriatrics and which naturally translates into the field of geronto-rheumatology. It was designed for primary care physicians, geriatricians and rheumatology consultants.

In addition to the presence of our Guest speaker from Belgium, Pr P Lemaire, well known local and regional speakers shared their experience in geriatric Rheumatology fields.